

Writing our own Heart Poems

Heart Poems



- Something deep in your heart
- It doesn't have to rhyme, but it does have to have a rhythm and a beat
- You can play with the words to make them look good on the paper
- You're going to write at least three poems.
- Choose one and make it GREAT!
- The ones you choose will be put in a class book!

Being Fat!



When I was nine
I weighed a lot.
Kids called me
“Fat Face!”
“Blubber”
“Big One”
I felt horrible.
My mum said,
“Ignore those names”
but I couldn’t.

In my mind
I heard them
over and over again.
Today,
all grown up
I’m just right.
But I still remember
being fat.

I want to share a poem a friend of mine wrote about something that was really hard for her.

Listen to the poem. I want you to look at how it looks on the page.

READ

Notice how she told exactly how she felt?

Look at the end, it finishes strongly with a conclusion.

What else do you notice?

Why is it a heart poem?

Let’s look at some other poems written by kids like you.

In the Middle



I'm in the middle.

Littlest,
too much attention.

Oldest,
still,
too much.

Middle,
too little.

I'm here.
Over here!

This is Catherine's poem.

What is her poem about?

What makes it a heart poem?

What do you notice about how it's written on the page?

What do you like about it?

Being Afraid of Dad



*"WHY IS YOUR
MOTHER
WASHING THE
FLOOR?
YOU SHOULD BE
DOING IT!"*

I froze.
Dad's booming voice
TERRIFIED me.
Why was I so scared?
I knew
He was gentle
deepdown.

But
He was louder than me
Bigger than me
Stronger than me
And
I was
only
Nine.

This is Julie's poem.

What is her poem about?

What makes it a heart poem?

What do you notice about how it's written on the page?

What do you like about it?